



Your Dental Implant Consultation Checklist

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Preparing for your consultation helps you and our team make the most of your visit. A little preparation goes a long way toward a successful outcome. Use this checklist to gather your thoughts and necessary items before your appointment.

What to Bring to Your Appointment

- ☐ Government-Issued ID (e.g., Driver's License)
- ☐ Dental Insurance Card and Information
- ☐ List of All Current Medications and Dosages
- ☐ Any Recent Dental X-rays or Records (if available)
- ☐ Your List of Questions and Concerns
- ☐ Preferred Method of Payment for Any Co-pays

Health & Lifestyle Considerations

It's important for us to have a complete picture of your health. Please be ready to discuss:

- ☐ Any medical conditions (e.g., diabetes, heart conditions, autoimmune disorders).
- ☐ All medications, especially blood thinners or bisphosphonates.
- ☐ Any allergies, particularly to metals or medications.
- ☐ History of smoking or vaping.
- ☐ If you are pregnant or planning to become pregnant.
- ☐ If you clench or grind your teeth (bruxism).

Your Smile Goals & Expectations

Thinking about your goals helps us tailor a plan that is perfect for you.

- ☐ What are my primary aesthetic goals for my smile?
- ☐ Which foods do I want to be able to eat comfortably again?
- ☐ What is my ideal timeline for completing the treatment?
- ☐ What is my budget, and am I interested in financing options?

Am I a Candidate? A Pre-Check

This helps you understand the factors we will evaluate during your exam.

- ☐ I have one or more missing teeth.
- ☐ I understand my jawbone health will be assessed with an X-ray.
- ☐ My gums are generally healthy (or I'm ready to improve their health).

- ☐ I am open to bone grafting if it's needed for a strong foundation.
- ☐ I am committed to excellent daily home care for my new smile.

The Implant Process at a Glance

Our process is designed for precision, comfort, and lasting results.

- **Step 1:** Comprehensive Exam & 3D Imaging
- **Step 2:** Implant Post Placement
- **Step 3:** Healing & Osseointegration (Bone Fusion)
- **Step 4:** Abutment & Custom Crown Placement
- **Step 5:** Final Adjustments & Follow-up Care

Cost & Financing Preparation

We believe in full transparency. Be prepared to ask about:

- ☐ An itemized quote detailing all costs.
- ☐ An estimate of what your dental insurance may cover.
- ☐ Third-party financing plans (like CareCredit).
- ☐ Using an HSA or FSA for treatment costs.

Planning for Your Aftercare

A smooth recovery starts with a good plan.

- ☐ Plan for a few days of a soft-food diet.
- ☐ Arrange for a ride home if you plan on sedation.
- ☐ Have over-the-counter pain relievers (e.g., ibuprofen) ready at home.
- ☐ Stock up on ice packs to help manage any swelling.

My Questions & Notes for the Doctor: